

Maroon Outdoor Education Centre

A GUIDE TO MEDICAL CONDITIONS

This information should be used to assist in making decisions about the program and groups for students and teachers with medical conditions.

Maroon OEC is a 20-minute drive from the nearest doctor, hospital or ambulance. If a health issue arises when students are on campout or bushwalking, the time for medical help may exceed 3 hours.

1. **Read the medical form for each student.**
2. **If a health issue is reported provide the student with a Medical Management form.** The most common health issues are: asthma, allergic reaction, diabetes, heart conditions; back, knee and ankle complaints, epilepsy, respiratory disorders and blood pressure.
3. **Read the Medical Management forms and assess the suitability of a student for activities by answering the following questions:**

	A	B	C	D
What effect might the condition have?	Discomfort	Irregular pain	Ongoing pain	Long term effect
What is the chance that the condition will occur?	Not likely	May	Likely	Definitely
How might the condition affect participation in the program?	Little effect	Rest required (up to 15 minutes)	Recovery time needed (30 minutes or more)	Must stop participation in the activity
What control is there over the factors that trigger this condition?	Can be controlled	Most aspects can be controlled	Some aspects can be controlled	Cannot be controlled
What level of help or medical assistance might be needed?	Self managed	Some help needed	First aid	Medical assistance needed*

* If **immediate** medical assistance will be required, this student should participate in a program that will ensure access to medical assistance.

4. **If a student is rated C or D to any question above, consideration must be given to the suitability of the program for that student. That is:**
 - a. Is the student capable of taking part in the program without undue risk to themselves or other students?
 - b. Are they accessible by vehicle at all times?
 - c. Has a clear medical management plan been provided?
 - d. Has all medication been supplied in correct dosages and quantities?
 - e. Are the supervision arrangements adequate to deal with this condition?
 - f. Has the parent/guardian been contacted and informed of specific issues relating to their child's program?

Please contact Maroon Outdoor Education Centre if you would like assistance in making decisions about medical issues and student involvement.

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