

## Maroon Outdoor Education Centre

# CAMPOUT AND BUSHWALKING GUIDE

Campout and Bushwalking are very valuable learning experiences within the Maroon OEC curriculum. Much of their value is inherent in the isolation of the learning environment. This isolation has an effect on the safe management of individuals, single groups and multiple groups. **The following processes and guidelines have been developed to manage the risks associated with campout and bushwalking.**

### Schools should:

1. Inform school administration, teachers, students and parents about campout and bushwalking details prior to attending MOEC.
2. Consider students and teachers pre-existing medical conditions before finalising groups for bushwalks and campouts.

	<b>Campout Recommendations</b> (Based on a 5 day program)	<b>Bushwalk Recommendations</b> (Based on a 5 day program)
<b>Below Year 6:</b>	A one-night campout at the centre.	Level 1 only.
<b>Year 6 and 7:</b>	A one-night campout at an <i>All Schools</i> campsite.	Level 1, 2 and 3 only (Full expedition packs should not be carried).
<b>Year 8 and 9:</b>	Up to two-night campout at <i>All Schools</i> or <i>Secondary</i> campsites.	Level 1, 2, 3 and 4 only.
<b>Year 10, 11 and 12:</b>	Up to two-night campout at <i>All Schools</i> or <i>Secondary</i> campsites or an <i>Upper Secondary</i> <b>if requirements are met.</b>	Level 1, 2, 3 and 4. Levels 5 and 6 <b>if requirements are met.</b>

### Advanced Bushwalk Requirements (Levels 5 or 6)

1. All people undertaking an Advanced Bushwalk must be specifically selected.
2. All students and staff undertaking an Advanced Bushwalk require a high level of fitness and no major medical issues.
3. The visiting staff member undertaking an Advanced Bushwalk must be capable of and prepared to, take on a lead role in a remote location; have experience in lightweight camping and bushwalking; and have the ability to administer first aid and respond to an emergency situation.

### Campsite Guide

RATING	CAMPSITE NAME
<b>All Schools</b> (Campsites with bus and 4WD access and good communication)	Bigriggen; Cotswold North; Cotswold Road; Cotswold South; Fig forest; Flanagans Reserve; Lagoons; Minto Crag; MOEC Lease; Sawmill; 85V; Waterfall.
<b>Secondary - Years 8-12</b> (Campsites with 4WD access and good communication)	Border Fence; Chalks/Kinnanes; Cleared Ridge; Paddy's Plain; Public Purposes; Repeater; Skull Camp; Watson's Creek; Watson's Falls; Bartopia.
<b>Upper Secondary Years 10-12</b> (Campsites with access issues and / or mixed communication)	Barney Gorge; Broken Bridge; Cronan Creek; Goolang Creek; Gravel Pit; Hoop Pines; Locked Gate; Lower Portals; Rum Jungle and Saddle; Wilson's Creek; Yamahra Creek.

### Upper Secondary Campsite Requirements

1. All staff and students programmed to stay at an *Upper Secondary* campsite must be free of major medical issues.
2. The visiting staff member staying at an *Upper Secondary* campsite must be capable of and prepared to, take on a lead role in a remote location; have experience in lightweight camping and bushwalking; and have the ability to administer first aid and respond to an emergency situation.

Consideration must be given to the program for any student with a health issue that is rated "C" or "D" through the process contained in:

***A Guide to Medical Conditions***

## Bushwalking Guide

### Level 1 - Basic

I would be able to walk for about 3 hours on flat or undulating tracks carrying a daypack.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I would be able to camp in a tent.

**Goal:** To experience camping and bushwalking with a group of people.

### Level 2 - Basic

I would be able to walk for about 3 hours on flat or undulating tracks carrying an expedition backpack.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I would be able to camp in a tent.

**Goal:** To experience camping with a group of people and bushwalking with an expedition backpack.

### Level 3 - Moderate

I would be able to walk for about 5 hours up and down some hills carrying an expedition backpack.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I would be able to camp in a tent.

**Goal:** To experience camping with a group of people and to bushwalk with an expedition backpack.

### Level 4 – Moderate

I would be able to walk for about 5 hours, including some steep sections of track carrying an expedition backpack.

I would be able to camp in a tent.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I am healthy, I have no serious medical conditions that might require emergency treatment and I have no injuries that will hinder me walking or carrying an expedition backpack.

**Goal:** To experience camping with a group of people and to challenge myself by bushwalking with an expedition backpack.

### Level 5 – Advanced

I am physically capable of carrying a backpack for about 6 hours on tracks, uneven terrain and up and down steep sections of track.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I am healthy, I have no medical conditions that might require emergency treatment and I have no injuries that will hinder me walking or carrying an expedition backpack.

**Goal:** I want to explore and camp in natural areas with a group of people and I want to physically challenge myself and learn more about the environment and lightweight camping.

### Level 6 – Advanced

I am physically capable of carrying a backpack for about 8 hours on tracks, uneven terrain and up and down long steep sections of track.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I am healthy, I have no medical conditions that might require emergency treatment and I have no injuries that will hinder me walking or carrying an expedition backpack.

**Goal:** I want to explore and camp in natural areas with a group of people and I want to physically challenge myself and learn more about the environment and lightweight camping.

**A daypack** is about the size of a school bag. It is used to carry things like water, sunscreen, jumper, raincoat and food and would weigh about 8 kilograms.

**An expedition backpack** may weigh up to 1/3 of your body weight (Years 10-12) or ¼ of your body weight (Years 7-9). It will contain things like clothes, water, food, tent, sleeping bag, sleeping mat and all other personal items.

### Temperature and Rain Averages for Beaudesert:

	J	F	M	A	M	J	J	A	S	O	N	D
Average Min. Temperature	19.2	18.8	17.1	13.5	9.8	6.6	5.3	6.4	9.3	12.8	15.9	17.7
Average Max. Temperature	30.7	30.0	29.2	27.6	24	21.5	21.1	22.5	24.6	27.0	29.4	30.6
Average Rainfall (mm)	127.2	124.6	98.5	62.6	58.8	53.1	44.0	34.3	40.8	69.0	83.1	119.2
Average Rain Days	10	10	10	7	7	6	5	5	6	8	9	10