Outdoor Recreation Guiding Skills for Non-Teachers, Units from
Sport, Fitness and Recreation Training Package (SIS10)

Context
These are competencies identified in the Outdoor Recreation Skill Sets, and required as a CARA condition. As a general rule, they form the core units of the full Certificate III in Outdoor Recreation.

Qualifications

Follow occupational health and safety policies
• Identify OH & S policy and develop plans and practice enabling compliance.

Undertake risk analysis of activities
• Develop, implement and evaluate risk management plans.

Guide outdoor recreation sessions
• Plan and resource a session and produce a session plan, maintain students’ welfare and a positive environment, establish effective group communication, ensure student safety, prepare students for the end of a session, evaluate the session

Plan outdoor recreation activities
• Arranging outdoor activities, transporting and using equipment, planning food, water and clothing, activity participation, handling non-routine situations.

Plan for minimal environmental impact
• Source and implement appropriate information regarding minimal impact issues, Consider the suitability of a location to a planned activity, Select an activity location whilst considering the suitability of the setting, Use the setting appropriately

Interpret weather conditions in the field

Facilitate groups

Respond to emergency situations

Senior First Aid (Must be held by applicant)

Details
Candidates will need to demonstrate competence in leading client groups during an activity by:
• Leading client groups on a minimum of 3 occasions.
• Personally participating in similar or higher level activities on at least 3 occasions.
• Conducting and recording the risk assessment process for a guided trip.
• Planning and successfully leading the trips with clients
• Planning for and dealing with incidents and emergency situations.
• Using group leadership skills to maintain interpersonal effectiveness and handle conflict within the group.
• Concluding the activity successfully and recording the process and results.
• Demonstrating an understanding of weather patterns and influences in operational areas.

Further Information

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